



# Tour Information



## Art Nouveau in Ljubljana and Trieste





## Travel

### Passports

You may need to renew your British Passport if you are travelling to an EU country. Please ensure your passport is less than 10 years old (even if it has 6 months or more left on it) and has at least 6 months validity remaining from the date of travel. EU, Andorra, Liechtenstein, Monaco, San Marino or Switzerland valid national identification cards are also acceptable for travel.

For more information, please visit: [passport checker](#).

### Visas

If you're a tourist, you do not need a visa for short trips to most EU countries, Iceland, Liechtenstein, Norway and Switzerland. You'll be able to stay for up to 90 days in any 180-day period. For all other passport holders please check the visa requirements with the appropriate embassy.

For further information, please check here: [travel to the EU](#)

Embassy of Slovenia: 17 Dartmouth St, London SW1H 9BL

Tel: 020 7222 5700

Email: [consular.london@gov.si](mailto:consular.london@gov.si)

Open Mon-Thu 1100-1300

Italian Consulate-General: "Harp House", 83/86 Farringdon Street, London EC4A 4BL.

Tel: (0)20 7936 5900. Fax: (0)20 7583 9425.

Email: [consolato.londra@esteri.it](mailto:consolato.londra@esteri.it)

Website: [http://www.conslondra.esteri.it/Consolato\\_Londra](http://www.conslondra.esteri.it/Consolato_Londra)

Open Mon-Fri 0900-1200



### Tickets

Included with this documentation is an e-ticket, which shows the reference number for your flight. EasyJet have now replaced all of their airport check-in desks with EasyJet Baggage Drop desks. **Therefore, you must check-in online and print out your boarding passes before travelling.**

Checking in online also provides the opportunity for you to pre-book seats, if you wish, at an extra cost. Please take care not to lose your tickets and please check that the details on your tickets are accurate and that all names are spelt correctly and match the names on your passport.

Your ticket is non-transferable and non-refundable. No refund can be given for non-used portions.



### Baggage allowance

We advise that you stick to the baggage allowances advised. If your luggage is found to be heavier than the airlines specified baggage allowance the charges at the airport will be hefty.

**Your EasyJet ticket includes one hold bag of up to 15kg plus one cabin bag that can fit under the seat in front of you, (maximum size 45 x 36 x 20cm, including any handles or wheels).** If you book an upfront or extra legroom seat you can also take an additional large cabin bag on board.

Please contact the airline for further information <http://www.easyjet.com/en/planning/baggage>

### Labels

It is useful to have your home address located inside your suitcase should the label go astray.

### Transfers

On arrival in Ljubljana, transfer to the Grand Hotel Union for your four-night stay (approx. 30-minute drive).

### Special Requests

If you haven't already, please notify Travel Editions of any special requests as soon as possible to allow sufficient time to make the necessary arrangements. Please note that some airlines may charge for use of wheelchairs.

### Border Control

You may have to show your return ticket and money.

At border control, you may need to:

- show a return or onward ticket.
- show you have enough money for your stay.
- use separate lanes from EU, EEA and Swiss citizens when queueing.

### Taking food and drink into EU countries

You are not able to take meat, milk or products containing them into EU countries.



## Accommodation

### Grand Hotel Union, Ljubljana

The Grand Hotel Union was constructed in 1905 as a true compliment to Secession architecture of Slovenia. The four-star hotel, which stands at the doorstep of Ljubljana's historical city centre, features the Lobby Bar, Union Café and Restaurant Union. The spacious comfortable rooms include TV, AC, hairdryer, mini-bar, safe and free wi-fi.

For more information, please visit the hotel's website:

<https://www.uhcollection.si/grand-hotel-union>



## Food

Slovenia's national cuisine consists of simple fresh produce and has been influenced by its neighbours and occupiers, namely Austria, Italy and Hungary. Soup is a typical starter followed by a pork, chicken or turkey dish with seasonal vegetables or salad. Each region has its own special dessert, but pancakes are also popular.

Specialties include *Potica*: a circular cake with a variety of fillings. *Goulash*: a stew of meat and vegetables. *Prekmurska Gibanica*: a popular layer cake with poppy seeds, raisins, apples and quark. *Bled cream cake*: cream between two slices of pastry.

Slovenians are amongst the most enthusiastic coffee drinkers in Europe and their preferred preparation method is Turkish, which is served in small glass cups.

Table service is common in most restaurants and bars. A 10% tip is generally expected in city restaurants.



## Drink

Slovenian drinks include *Ganje*: a potent brandy made from local fruit most commonly blueberries, *Union* and *Lasko* are popular Slovenian beers and the country is known for its outstanding wines, both white such as Sauvignon Blanc, Furmint and Rebula and full bodied reds like Terrano. *Zganje*: Slovenian Schnapps comes in flavours such as peach, pear, lemon, blueberry and even walnut.

**Meals included in the price of your holiday are:**

**Breakfast** – daily

**Dinner** – two nights with wine at the hotel plus a cold plate on arrival.



## Destination

At the turn of the 20th century, a new artistic style contributed significantly to the appearance of a number of European cities. In Slovenia's capital, Ljubljana, it developed under the influence of the Viennese Secession and found expression mainly in architecture, with the emphasis on local architects, such as Maks Fabiani, who, like their counterparts in other European cities, utilised the advantages of the new industrial serial production and materials such as iron, steel, glass and reinforced concrete, with inspiration coming from the animal and plant worlds, folklore and geometric forms. The major earthquake in Ljubljana in 1895 offered plenty of scope for rebuilding and its Art Nouveau collection is one of the finest in Europe, with many noteworthy buildings including the Dragon Bridge and Hauptmann House. Our tour, in the company of expert, Prof. Anne Anderson, ventures over the border into Italy and the lovely city of Trieste, who adopted an Italianate version of Art Nouveau, which became known as "Liberty."

### Details of places of interest included in the tour:

#### Ljubljana

Slovenia's capital and largest city (but one of the smallest cities in Europe) is one of Europe's greenest and most liveable capitals; it was the European Commission's Green Capital of Europe in 2016. Car traffic is restricted in the centre, leaving the leafy banks of the emerald green Ljubljanica River, which flows through the city's heart, free for pedestrians and cyclists. In summer, cafes set up terrace seating along the river. Slovenia's Master of Early-modern, minimalist design, Jože Plečnik, graced Ljubljana with beautiful bridges and buildings as well as dozens of urban design elements such as pillars, pyramids and lamp posts, which exist solely to make the city even prettier. Attractive cities are often described as 'jewel boxes', and here the name really fits.

Jože Plečnik's House comprises a complex of two neighbouring houses and an adjacent garden with a lapidary, which, along with Plečnik's original furniture, library, drawing tools, personal belongings, and a large archive of sketches, plans, photographs, and models all form part of the Plečnik Collection.

The Dragon Bridge adorned with famous dragon statues, appears in the most recognizable images of Ljubljana. Constructed between 1900 and 1901, it was Ljubljana's first reinforced concrete structure and one of the largest bridges of its kind to be built in Europe. At the time of its opening, it was called the Jubilee Bridge of Emperor Franz Joseph I. According to original designs, it was supposed to be adorned with winged lions instead of dragons. It was the first structure in Slovenia to be paved with asphalt.

Many of the best Art Nouveau architecture is to be found in Miklosiceva ulica street and Anne will lead you around this area to point out these to you. We will also visit The National and University Library of Ljubljana's Reading Room, said to be one of the most unique library spaces in the world, showcasing outstanding Art Nouveau details including chandeliers by Plečnik. The final visit of the city will be to the city's National Gallery, which is the central national institution for older art in Slovenia, which houses the largest collection of works of art on Slovenian territory from the High Middle Ages to the 20th century.

For more information about Ljubljana, please visit:

<https://www.visitljubljana.com/en/visitors/>

#### Trieste

Trieste is the capital city of the Friuli Venezia Giulia region in northeast Italy. A port city, it occupies a thin strip of land between the Adriatic coast and Slovenia's border on the limestone-dominated Karst Plateau. Italian, Austro-Hungarian and Slovenian influences are all evident in its layout, which encompasses a medieval old city and a neoclassical Austrian quarter. Anne will lead a walk around the city's myriad of Art Nouveau buildings including the National Hall, Palazzo Viviani, Central Fish Market and Ambasciatori Cinema. The Revoltella Museum is an important modern art gallery that originated from an institution founded in 1872 by Baron Pasquale Revoltella (1795 – 1869). Revoltella bequeathed his palace and his art collection to the city of Trieste; but in addition to the building and the objects contained within he also bestowed a conspicuous revenue to the museum. This allowed for the continuous increase of patrimony and accumulation, in a remarkably short time, of a considerable art collection. The collection has come to include almost



all the most significant figures of Italian 20th century art: Casorati, Mario Sironi, Carlo Carrà, Giorgio Morandi, Giorgio De Chirico, Giacomo Manzù, Marino Marini, Lucio Fontana and Alberto Burri.

For more information about Trieste, please visit:

<https://www.lonelyplanet.com/italy/friuli-venezia-giulia/trieste>

## Your lecturer / Guide

**Prof. Anne Anderson**, author, broadcaster, Lecturer and Fellow of the Society of Antiquaries, was a senior lecturer at Southampton Solent University for 14 years, specialising in the Arts and Crafts, Art Nouveau and Modernism. Anne's career as an international speaker has taken her all over the world and her TV credits include the BBC's Flog It!. Anne has received a rapturous response from or customers at the many Travel Editions UK lectures and tours as well as a host of tours overseas and her knowledge, wit and enthusiasm bring her beloved subjects to life in whatever location she finds them.

## Tour manager

Your tour manager will be on hand throughout the tour to ensure that everything operated according to plan. If you have any problems or questions, please see him or her immediately – it is often possible to resolve complaints or problems very quickly on the spot, and do everything to help you enjoy your holiday.

## Reading Suggestions

**Irene Reid, *Strolling Around Ljubljana*, 2016.**

Today's intrepid tourists are now discovering the delights of Eastern Europe, and nowhere is a more delightful surprise than Ljubljana.

It has long been out-of-reach but is now welcoming tourists to discover how unexpectedly beautiful it is. It's a small city with the Ljubljanica river cutting it in half and bordered on both sides by the squares and little streets of the old town.



## The Basics

**Climate** – The weather in both Ljubljana and Trieste at this time of year is likely to be similar to the UK with the chance of the odd shower. Our best advice is to come prepared.

**Time** – GMT +2 hours (Summer time Apr-Oct); GMT + 1 (Standard time Nov-Mar).

**Language** – Slovene

**Religion** – Roman Catholic

**National holidays** – New Year's Day (01 Jan); New Year Holiday (02 Jan); Preseren Day (08 Feb); Easter Sunday (17 Apr); Easter Monday (18 Apr); Resistance Day (27 Apr); May Day (01 May); May Day Holiday (02 May); Whit Sunday (05 Jun); National Day (25 Jun); Assumption Day (15 Aug); Reformation Day (31 Oct); All Saints' Day (01 Nov); Christmas Day (25 Dec); Independence and Unity Day (26 Dec).

**Currency** – Euro. €1 = 100 cents. Notes are in denominations of €500, 200, 100, 50, 20, 10 and 5. Coins are in denominations of €2 and 1, and 50, 20, 10, 5, 2 and 1 cents.

**Banks** – Cashpoints compatible with international banking networks are located in all towns and cities, as well as airports, major train stations and other spots. They usually offer an attractive exchange rate. Those banks that still exchange foreign currencies into local money will always charge a transaction fee, so withdrawing money from an ATM usually represents the most logical means of obtaining euros.

**Credit cards** – American Express, Diners Club, MasterCard and Visa are accepted in most establishments. However, Visa is the most accepted credit card. Some shops may not accept cash. Credit cards can be used to get cash advances from banks.

**Drinking water** – Tap water is safe to drink. (Although you'll find a huge amount of bottled water for sale too)

**Electricity** – 220 volt, two-pin continental plug.

**Shops & Museums** – Department stores are open 0800-1900 Monday to Friday and 0800-1300 Saturday. Please note that some museums close on Mondays.

**Clothes & Shoes** – You may like to bring a warm sweater for cool evenings. Light rain wear for the occasional storm and good flat/grip walking shoes are recommended.

**Camera** – bring plenty of memory cards/film and any spare camera batteries as these are not always available. Please check with your guide before photographing people.

**Bath plugs** – The hotel has plugs for basins, but it is useful to carry a 'universal' one with you.

**Telephones/mobiles** – You should be able to use your mobile phone whilst away, depending on your operator and contract. The guarantee of free mobile phone roaming throughout the EU, Iceland, Liechtenstein and Norway has ended. Check with your phone operator to find out about any roaming charges you might get from 1 January 2021. A new law means that you're protected from getting mobile data charges above £45 without you knowing. Once you reach £45, you need to opt in to spend more so that you can continue using the internet while you're abroad. Your phone operator will tell how you can do this.

**Tipping** – To keep our tours affordable, we do not increase the tour price by adding in tips. However, in the tourism industry, there is a certain level of expectation that when receiving a good service, one does award with a tip. Tour Managers, Representatives, Guides and Drivers appreciate a tip at the end of their involvement with the tour, but this is entirely at your discretion. We believe in allowing you to tip according to your level of satisfaction with their services, but for your guidance about £2-3 per person per day for the tour manager is the norm. We would like to reiterate that tipping is an entirely optional payment and this information is given purely to answer any questions you may have about it.



## Health

### Doctor/Dentist/Chemist

Please talk to your tour manager if you are feeling unwell and they will organise for you to see a doctor.

**Keep receipts for insurance claims.**



### Hospital

Your tour manager/hotel reception will arrange hospital transport.

**Keep receipts for insurance claims.**

### General Health Advice

We suggest you take a good supply of your own individual medicines with you and always keep some in your hand luggage in case you get delayed or your luggage goes astray. General-purpose supplies for bites, stings, or scratches, and your usual medication for headaches, or stomach upsets are always recommended. Oral re-hydration sachets are excellent for topping up salt and glucose levels.

Visit the NHS Fit For Travel website for more generally information specific to the country you are visiting – [www.fitfortravel.nhs.uk](http://www.fitfortravel.nhs.uk)

### Sun Protection

Always ensure you take sufficient sun protection and moisturiser. A sun hat and sunglasses are also advisable.

### Inoculations

You should check with your own doctor and take their advice as to which inoculations are required for the country you are visiting, as only they know your medical history and recommendations are liable to change at short notice.



### Insurance

To be covered under your Travel Insurance Policy, if you become ill, it is essential that you contact a local doctor and also telephone the emergency number of your insurance company. You will **NOT** be covered for any claim unless this procedure is carried out. Your insurance company will then decide on the best course of medical attention.

### European Health Insurance Card (EHIC)

Before you travel, make sure you've got a valid European Health Insurance Card (EHIC) or UK Global Health Insurance Card (GHIC) or travel insurance with health cover.

You may not have access to free emergency medical treatment and could be charged for your healthcare if you do not have an EHIC or GHIC when visiting an EU country, or travel insurance with full healthcare cover when visiting Switzerland, Norway, Iceland or Liechtenstein. If you have an EHIC it will still be valid while it remains in date. Your European Health Insurance Card (EHIC) or Global Health Insurance Card (GHIC) will be valid if you're travelling to an EU country.

We strongly recommend that you take out an appropriate travel insurance policy when you travel abroad.

For further information about the GHIC please visit:

<https://www.ehic.org.uk>



## Emergencies

Should an emergency arise, please call our offices on:

00 44 20 7251 0045

Outside office hours (Mon-Fri 0900-1700), telephone our emergency staff on:

00 44 7841 023807

**PLEASE USE THESE NUMBERS ONLY IN THE EVENT OF A GENUINE EMERGENCY.**

If you find that you are in need of consular assistance during your holiday:

British Embassy Ljubljana

Consular Services, Trg Republike 3, 1000 Ljubljana,

Tel: +386 1 200 3910

E-mail: [info@british-embassy.si](mailto:info@british-embassy.si)

British Consulate Trieste

Via Roma 15.

34132

Trieste

Tel: +39 040 3478303

Fax: +39 040 3478303

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