



Tour Information



Art Nouveau in Turin and Milan





Travel

Passports

Please ensure your 10-year British Passport is not out of date and is valid for a full six months beyond the duration of your visit. EU, Andorra, Liechtenstein, Monaco, San Marino or Switzerland valid national identification cards are also acceptable for travel to Italy.

Visas

British and EU passport holders are not required to have a visa.

For all other passport holders please check the visa requirements with the appropriate embassy.

Italian Consulate-General: "Harp House", 83/86 Farringdon Street, London EC4A 4BL.

Tel: (0)20 7936 5900. Fax: (0)20 7583 9425.

Email: consolato.londra@esteri.it

Website:

http://www.conslondra.esteri.it/Consolato_Londra

Open Mon-Fri 0900-1200



Tickets

Included with your detailed itinerary is an e-ticket, which shows your flight reference number. You will need to quote/show this reference number at the check-in desk and you will be issued with your boarding pass. **Online check-in is not available for this booking.**

Your Group Scheduled or Club Class ticket is non-transferable and non-refundable. No refund can be given for non-used portions.



Baggage allowance

We advise you to check the baggage allowances carefully as you are likely to be charged the excess if you exceed the weight limit. Maximum weights for single bags apply.

With British Airways your ticket includes one hold bag of up to 23kg plus one cabin bag no bigger than 56 x 45x 25cm including handles, pockets and wheels, and a personal bag (handbag or computer case) no bigger than 45 x 36 x 20cm including handles, pockets and wheels.

For more information please visit

www.britishairways.com

Labels

Please use the luggage labels provided. It is useful to have your home address located inside your suitcase should the label go astray.

Transfers

On arrival in Turin, transfer to your hotel in Turin for a three-night stay (approx. 30 minutes).

Departure Tax

The departure tax is included in the price of your flight tickets.

Special Requests

If you haven't already, please notify Travel Editions of any special requests as soon as possible to allow sufficient time to make the necessary arrangements. Please note that some airlines may charge for use of wheelchairs.



Accommodation

Grand Hotel Sitea

A Traditional five-star hotel dating back to 1925, located in the heart of Turin, just behind Piazza San Carlo. The hotel boasts sumptuous public areas, Michelin-starred restaurant, Bistrot “Carlo & Camillo,” the “American” bar and very comfortable bedrooms with all modern amenities.

For more information please visit the hotel’s website:

<http://grandhotelsitea.it/en/>



Food

Italian food rivals French in the hearts and taste buds of many gastronomes and the regional cuisine, of which the locals are very proud, wonderfully reflects the climate and local produce. Delicious pizza, pasta and risotto dishes are present everywhere throughout Italy with provincial specialities and sauces.

Locals are fiercely proud of their regional specialities, with each town or village proclaiming theirs to be the best. The secret of course is in the ingredients, which are chosen with careful consideration for ripeness, texture and flavour. Dishes to look out for are *Gnocchi alla Romana* (rich semolina dough dumplings), *Pesto* (classic sauce of basil, pine nuts and pecorino cheese), *Ossobuco* (Veal shanks cooked in a rich tomato and wine broth), *Porchetta* (roast pork infused with herbs, garlic and fennel).

Traditional desserts include plenty of rich tortes, such as the *Torta di riso* (almond, rice and amaretto custard-like cake), almond and apple cream tarts, and sweet pastas, including sweet ravioli with fruits. Ice cream and sorbets are equally popular, especially in the warmer months.

Strong Italian espresso coffee is served after the meal and will be black, in small cups, unless a *cappuccino* is requested.

Table service is common in most restaurants and bars. Usually, a discretionary service charge is added to your bill in restaurants and bars, and no further tipping is required.



Drink

The world’s largest wine producer, Italy is home to some of the oldest viticulture regions. The wines are named according to their grape variety or after their village or area of origin. Excellent wines are produced throughout Italy and Sicily, with local wines offering great value and quality.

Apéritifs such as *Campari* and *Punt e Mes* are excellent appetisers, while Italian liqueurs include *Grappa*, *Stregga*, *Galliano*, *Amaretto*, *Sambuca* and *Limoncello*.

Meals included in the price of your holiday are:

Breakfast – daily

Dinner – Two dinners are included



Destination

The Art Nouveau movement, known as Liberty in Italy, was embraced by several Torinese architects and this elegant city became the Liberty capital of Italy. Nearby Milan embraced the style in nearly equal measure and we explore its legacy in both cities on this superb new tour in the company of renowned Art Nouveau expert, Prof. Anne Anderson. The brief flourishing came in the first decade of the 20th century with a host of lovely buildings by architects Pietro Fenoglio, Giovanni Gribodo and others, including the renowned La Fleuri apartment block.

Details of places of interest included in the tour:

Turin

Turin is the capital city of Piedmont in northern Italy, known for its refined architecture and cuisine. The Alps rise to the northwest of the city. Stately baroque buildings and old cafes line Turin's boulevards, and grand squares such as Piazza Castello and Piazza San Carlo. Nearby is the soaring spire of the Mole Antonelliana, a 19th-century tower housing the interactive National Cinema Museum. Turin is well known for its many different architectural styles including many Art Nouveau buildings. The industrious Torinese gave the world its first saleable hard chocolate and Italy's most iconic car, the Fiat.

For more information about Turin, please visit:
<https://www.lonelyplanet.com/italy/liguria-piedmont-and-valle-daosta/turin>

8 Gallery Lingotto Torino

From street level, this huge arcade of shops, concert halls and entertainment outlets appear to have been built primarily to amuse the local community. In fact, the building was originally designed and built for the car manufacturer Fiat, as a factory that would employ thousands of workers from the city of Turin. Cars would slowly begin to take shape as they were elevated up to the higher levels of the building until they reached the very top, where a complete car would emerge onto the roof, the most iconic feature of the building.

For more information about the Fiat Factory, please visit:
<https://www.atlasobscura.com/places/fiat-lingotto-factory>

GAM Turin

The GAM, Galleria di Arte Moderna (Modern Art Gallery) in Turin houses the oldest permanent collection of modern art in Italy. The museum building, completed in 1959 after a design by architects Bassi and Boschetti, was re-opened in 1993 after a major renovation and enlargement works. The permanent collection of the GAM is composed by about 45,000 artworks and includes paintings, sculptures, photos and art installations. Along with the collection, the GAM also hosts temporary exhibitions and cultural events.

For more information about GAM, please visit:
<https://www.inexhibit.com/mymuseum/gam-galleria-darte-moderna-torino/>

Milan

Milan, a city in Italy's northern Lombardy region, is a global capital of fashion and design. Though Italian design is world renowned, its roots lie in 1930s Milan – seeing it in a home context offers fresh appreciation. In addition, Milan is home to all the major design showrooms and an endless round of trade fairs. From the end of the 19th till the beginning of the 20th century the Art Nouveau movement was “hot” in Italian architecture. The most important architects of these buildings in Milan are Giuseppe Sommaruga and Alessandro Mazzucotelli. The areas around Corso Magenta and Porta Venezia are the ones that still have the most testimonies of the Liberty era.

For more information about Milan, please visit:
<https://www.lonelyplanet.com/italy/milan>

Museo Delle Arti Decorative

Housed in some of the halls of the Ducal Court and on the first and second floors of the Rocchetta, the Museo delle Arti Decorative is the most important collection of its kind in Italy. The museum documents the evolution of taste and style in the decorative and applied arts from antiquity to the 1950s. The display also includes a collection of 20th and 21st century artistic glass.

For more information about the museum, please visit:
<https://artidecorative.milanocastello.it/>

Your lecturer / Guide

Prof. Anne Anderson is a recognised authority on the Arts & Crafts movement and is Hon Research Fellow, Exeter University and the Huntington. A writer and broadcaster Anne was a senior lecturer on the Fine Arts Valuation degree courses at Southampton Solent University specialising in the Aesthetic Movement, Arts and Crafts and Art Nouveau. She is an Arts Society lecturer and some of her academic papers have appeared in the Journal of the William Morris Society, Journal of the Pre-Raphaelite Society and many others. Her recent projects include reconstructing the original interiors of Lord Leighton's studio-home and her television credits include BBC's Flog It!

Anne will deliver two lectures during your trip:

'Art Nouveau style liberty in Turin'

'Art Nouveau style liberty in Milan'

Reading Suggestions

Henry James, *Italian Hours*, 1909.

Published at the end of his life, Henry James portrays his love of Italy through this series of essays, written over nearly four decades.

Massimo Zanella, *Milan Highlights*.

A fascinating tour among the countless modern and traditional facets of Italy's "big city." With over one hundred photographs, Milan Highlights offers a fascinating tour of the architecture, masterpieces, and hidden corners of Milan.

National Geographic Traveller, *Piedmont and Northwest Italy, with Turin and the Alps*.

National Geographic Traveller Piedmont & Northwest Italy begins its tour of the region with an evocative visit to the beautiful baroque city of Turin. It then heads to southern Piedmont with its lush, rolling, vine-covered landscapes.

Tour manager

Your tour manager will be on hand throughout the tour to ensure that everything operated according to plan. If you have any problems or questions please see him or her immediately – it is often possible to resolve complaints or problems very quickly on the spot, and do everything to help you enjoy your holiday.



The Basics

Climate – The weather in Turin and Milan at this time of year is likely to be pleasant, but evenings can be quite cool and there is the chance of the odd shower. Our best advice is to come prepared.

Time – GMT +2 hours (Summer time Apr-Oct); GMT + 1 (Standard time Nov-Mar).

Language – Italian

Religion – Roman Catholic

National holidays – New Year's day (01 Jan); Epiphany (06 Jan); Easter Monday (22 Apr); Liberation day (25 Apr); International Workers Day (01 May); Republic day (02 Jun); Assumption of Mary (15 Aug); All Saints' day (01 Nov); Immaculate Conception (08 Dec); Christmas day (25 Dec); St Stephens day (26 Dec).

Currency – Euro. €1 = 100 cents. Notes are in denominations of €500, 200, 100, 50, 20, 10 and 5. Coins are in denominations of €2 and 1, and 50, 20, 10, 5, 2 and 1 cents.

Banks – Cashpoints compatible with international banking networks are located in all towns and cities, as well as airports, major train stations and other spots. They usually offer an attractive exchange rate. Those banks that still exchange foreign currencies into local money will always charge a transaction fee, so withdrawing money from an ATM usually represents the most logical means of obtaining euros.

Credit cards – American Express, Diners Club, MasterCard and Visa are widely accepted across the country. If you're eating at a restaurant, check prior to the meal that your card will be an acceptable form of payment. Even in cities, it's advisable to carry a supply of cash with you at all times. Varying amounts of commission can be charged.

Electricity – 220 volt, two-pin continental plug.

Drinking water – Tap water is safe to drink. (Although you'll find a huge amount of bottled water for sale too)

Shops & Museums – Department stores are open 0830-1930 Monday to Saturday. Most shops are closed between 1230-1530. Please note that some museums close on Mondays.

Although very common in tourist towns in Italy, please note that street vendors selling all kinds of designer knockoffs are illegal and could land you with a hefty fine. Care should also be taken when buying antiques since Italy is renowned for skilled imitators.

Clothes & Shoes – You may like to bring a warm sweater for cool evenings. Light rain wear for the occasional storm and good flat/grip walking shoes are recommended.

Camera – bring plenty of memory cards/film and any spare camera batteries as these are not always available. Please check with your guide before photographing people.

Bath plugs – The hotel has plugs for basins, but it is useful to carry a 'universal' one with you.

Telephones/mobiles – You should be able to use your mobile phone in Italy, depending on your operator and contract.

Tipping – To keep our tours affordable, we do not increase the tour price by adding in tips. However, in the tourism industry, there is a certain level of expectation that when receiving a good service, one does award with a tip. Tour Managers, Representatives, Guides and Drivers appreciate a tip at the end of their involvement with the tour, but this is entirely at your discretion. We believe in allowing you to tip according to your level of satisfaction with their services, but for your guidance about £2-3 per person per day for the tour manager is the norm. We would like to reiterate that tipping is an entirely optional payment and this information is given purely to answer any questions you may have about it.



Health

Doctor/Dentist/Chemist

Please talk to your tour manager if you are feeling unwell and they will organise for you to see a doctor.

Keep receipts for insurance claims.



Hospital

Your tour manager/hotel reception will arrange hospital transport.

Keep receipts for insurance claims.

General Health Advice

We suggest you take a good supply of your own individual medicines with you and always keep some in your hand luggage in case you get delayed or your luggage goes astray. General-purpose supplies for bites, stings, or scratches, and your usual medication for headaches, or stomach upsets are always recommended. Oral re-hydration sachets are excellent for topping up salt and glucose levels.

Visit the NHS Fit For Travel website for more generally information specific to the country you are visiting – www.fitfortravel.nhs.uk

Sun Protection

Always ensure you take sufficient sun protection and moisturiser. A sun hat and sunglasses are also advisable.

Inoculations

You should check with your own doctor and take their advice as to which inoculations are required for the country you are visiting, as only they know your medical history and recommendations are liable to change at short notice.



Insurance

To be covered under your Travel Insurance Policy, if you become ill, it is essential that you contact a local doctor and also telephone the emergency number of your insurance company. You will **NOT** be covered for any claim unless this procedure is carried out. Your insurance company will then decide on the best course of medical attention.

European Health Insurance Card (EHIC)

The EHIC replaced the old E111 in 2006. Valid in all EEA countries, the card lets you get state healthcare at a reduced cost or sometimes for free. It will cover you for treatment that is needed to allow you to continue your stay until your planned return. It also covers the treatment of pre-existing medical conditions.

Please note that the EHIC **is not** an alternative to travel insurance. It will not cover any private medical healthcare or costs such as being flown back to the UK, or lost or stolen property. Therefore, it is important to have both an EHIC and a valid private travel insurance policy. It is also important to note that each country's healthcare system is slightly different, so the EHIC might not cover everything that would be generally free on the NHS.

We strongly recommend that you take out an appropriate travel insurance policy when you travel abroad.

We would advise ensuring that your travel insurance has full health cover in the event that the EHIC becomes invalid following the end of the transition period in December 2020.

For more information about the EHIC please visit:

<https://www.ehic.org.uk>



Emergencies

Should an emergency arise, please call our offices on:

00 44 20 7251 0045

Outside office hours (Mon-Fri 0900-1700), telephone our emergency staff on:

00 44 7841 023807

PLEASE USE THESE NUMBERS ONLY IN THE EVENT OF A GENUINE EMERGENCY.

If you find that you are in need of consular assistance during your holiday:

British Consulate General Milan

Via S. Paolo, 7

20121 Milan

Italy

Tel: +39 (0)6 4220 2431

Fax: +39 (0)2 8646 5081

Italy.consulate@fco.gov.uk

Open Mon-Fri 0930-1230 and 1400-1600. Phone lines open 0900-1700. Outside these hours a consular Emergency Service is in operation and can be contacted on +39 (0)6 4220 2413.

Travel Editions

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