



Tour Information



Freud in Vienna





Passports

You may need to renew your British Passport if you are travelling to an EU country. Please ensure your passport is less than 10 years old (even if it has 6 months or more left on it) and has at least 6 months validity remaining from the date of travel. EU, Andorra, Liechtenstein, Monaco, San Marino and Swiss valid national identification cards are also acceptable for travel.

For more information, please visit: [passport checker](#)

Visas

As a tourist visiting from the UK, you do not need a visa for short trips to most EU countries, Iceland, Liechtenstein, Norway and Switzerland. You'll be able to stay for up to 90 days in any 180-day period. For all other passport holders please check the visa requirements with the appropriate embassy.

For further information, please check here: [travel to the EU](#)

Austrian Embassy: 18 Belgrave Mews West, London SW1X 8HU. Tel: (020) 7235 3731. Fax: (020) 7344 0292. E-mail: embassy@austria.org.uk. Web site: <http://www.austria.org.uk>. Opening hours: Monday to Friday 0900-1200 (personal callers), 0900-1645 (telephone enquiries) and 0900-1200 (visa section).



Tickets

Included with this documentation is an itinerary which includes a reference number for your flight. At check-in you will need to quote/show this and you will be issued with your boarding pass. **Online check-in is not available for this booking.** Visit the British Airways website for more information:

www.britishairways.com

Please check that the details on your documentation are accurate and that all names are spelt correctly and match the names on your passport. Your flight ticket is non-transferable and non-refundable. No refund can be given for non-used portions.

Departure Tax

UK Flight Taxes are included in the price of your holiday.



Baggage Allowance

We advise that you stick to the baggage allowances advised. If your luggage is found to be heavier than the airlines baggage allowances the charges at the airport will be hefty.

With British Airways your ticket includes one hold bag of up to 23kg plus one cabin bag no bigger than 56 x 45 x 25cm including handles, pockets and wheels, and one personal bag, such as a handbag or computer bag. For more information please visit: www.britishairways.com

Labels

Please use the luggage labels provided. It is useful to have your home address located inside your suitcase should the label go astray.

Border Control

At border control, you may need to:

- show a return or onward ticket.
- show you have enough money for your stay.
- use separate lanes from EU, EEA and Swiss citizens when queueing.

Taking food into EU countries

Please note, you are not able to take meat, milk or any products containing them into EU countries.

Transfers

On arrival in Vienna, transfer by coach to your hotel.

Special Requests

If you haven't already done so, please notify Travel Editions of any special requests as soon as possible to allow sufficient time to make the necessary arrangements. Please note that some airlines may charge for use of wheelchairs.



Accommodation

Mercure Grand Hotel Biedermeier, Vienna

Located near to the Stadtpark and MAK Museum, the four-star Mercure Grandhotel Biedermeier is housed in an authentically styled Old Vienna arcade and provides a warm welcome. Facilities at the hotel include a restaurant, bar, lounge area and a RelaxClub with sauna and fitness room. Bedrooms are traditionally decorated with en-suite bathroom with shower or bath, TV, telephone, air-conditioning, safe, minibar and hairdryer.

For more information visit their website: <http://www.mercure.com/gb/hotel-5357-mercure-grand-hotel-biedermeier-wien/index.shtml>



Food

Viennese cuisine is strongly influenced by southeast European cuisine, notably that of Hungary, Serbia, Romania and Dalmatia and many of the simpler meals are often made with rice, potatoes and dumplings (*Knödel*), with meat (mainly pork, beef and chicken), and sauce. Traditional Austrian dishes include *Wiener Schnitzel* (bread-crumbed and fried veal escalope), boiled beef (*Tafelspitz*), calf's liver with herbs in butter (*Geröstete Leber*), *Rindsuppe* (beef soup), and *Goulash*, as well as various types of smoked and cured pork. You will also find different varieties of sausages, such as *Frankfurter*, *Käsekrainer* (cheese filled), and *Debreziner* – available at the many *Wurststand* in the city.

For dessert try *Palatschinken* (pancakes filled with jam), *Kaiserschmarrn* (shredded pancake served with fruit compote, applesauce or stewed plums), or *Marillenknödel* (apricot dumplings).

Mehlspeisen is the national term for the particularly renowned cakes and pastries, all of which are wonderfully appetising. *Apfel strudel*, *Mohnstrudel* (poppy seed strudel) and of course the famous *Sachertorte* (chocolate cake) are mere examples of the over 60 types of *Torte*, which are often consumed with coffee at around 1500. Open all day, the Austrian coffee shop (*Kaffeehaus*) is little short of a national institution and often provides

the social focus of a town or neighbourhood. Coffee is served here in a variety of styles – *kleiner schwarzer* or *mokka* (espresso), *kleiner brauner* (espresso with milk or cream), *Verlängerter* (diluted espresso, similar to an *americano*), *Wiener Melange* (half *mokka* half heated milk), *Einspänner* (double espresso topped with whipped cream) and *Wiener Eiskaffee* (iced coffee, served with vanilla ice cream and whipped cream).

Restaurants usually have table service. Bars and cafés generally have the same, though some are self-service. Usually, a 10 to 15% discretionary service charge is added to your bill in restaurants and bars, but it is usual to leave a further 5 to 10%. Please note that it is not typical to leave the tip on the table after paying the bill. More common is to tell the waiter/waitress the amount including tip you want to pay before paying (via cash or credit card).

Drink

Spirits such as whisky and gin, together with imported beers, tend to be on the expensive side, but local wines (often served in open carafes) are excellent and cheap. Most of the wines are white (*Riesling*, *Veltliner*) but there are also some good red wines from Baden and Burgenland, as well as imported wines from other European countries. Also popular in Austria is a *Spritzer*, wine (usually white) mixed with sparkling water. For a delightfully refreshing drink try a *Kaiserspritzer* – white wine, sparkling water and elderflower syrup. *Obstler* (fruit schnapps), found in most German-speaking countries, is made by distilling various fruits and is generally very strong and well-flavoured.

For a non-alcoholic beverage, try the local soda *Almdudler*, made with mountain herbs.

Meals included in the holiday:

Breakfast daily and two dinners



Destination

When people think of psychology and Vienna, they usually think of Sigmund Freud. But psychological research had taken place in Vienna for two centuries before Freud. He was the beneficiary of a long tradition which included the extraordinary 18th century sculptor Franz Xaver Messerschmidt and Franz Mesmer, who gave his name to 'mesmerism'. This tour will focus on the psychological life of Vienna, leading up to Freud, and the many fascinating traces it has left in the art and architecture of the city. Highlights to be visited range from 18th century medical institutions and collections, and sanatoriums designed by members of the *Wiener Werkstätte* ('Vienna Workshops'), to the pioneering artworks of Gustav Klimt, Egon Schiele and Oskar Kokoschka. This unique group of artists capitalised on Freud's liberation of *libido* from the dungeon of the unconscious mind, producing artworks that continue to challenge preconceptions about propriety to this day.

Places of interest included in the tour:

Kunsthistorisches (Art History) Museum

The Kunsthistorisches Museum (also often referred to as the Museum of Fine Arts) was built in 1891 near the Imperial Palace to house the extensive collections of the imperial family. With its vast array of eminent works and the largest Bruegel collection in the world, it is considered one of the most eminent museums in the world.

For more information please visit:

<http://artsandculture.google.com/partner/kunsthistorisches-museum-vienna-museum-of-fine-arts>

Narrenturm (Fools' Tower)

This former insane asylum, the very first purpose-built mental hospital, houses one of the world's biggest collections of pathology and anatomy. It is part of the Natural History Museum of Vienna but located away from the main museum building. Built in 1784, it is situated next to the site of the old Vienna General Hospital.

For more information please visit:

<http://www.viennadirect.com/sights/hospital.php>

Freud's Apartment

A visit to house No.19 on Vienna's Berggasse, provides the opportunity to stand in the very room that witnessed the birth of the Psychiatrist couch. The location is the very apartment that Freud lived in with his wife Martha, his kids, and his sister-in-law between 1891 and 1938 as well as where we received his patients.

The apartment is part of the Sigmund Freud Museum created by Sigmund Freud's daughter, Anna, in 1971.

For more information please visit:

<https://www.wien.info/en/vienna-for/jewish-vienna/sigmund-freud-museum-358736>

Kirche Am Steinhof Church

Considered one of the most important Art Nouveau churches in the world, Wagner's *Kirche am Steinhof* is a triumph of architecture as a 'total work of art'. Built between 1904 and 1907, the Church was built on the grounds of the City of Vienna Psychiatric Hospital between 1904 and 1907. It features glass mosaics by Kolo Moser and column angels on the main portal by Othmar Schimkowitz.

For more information please visit:

<https://www.viennadirect.com/sights/steinhof.php>

Leopold Museum

Located in the lively *Museumsquartier*, the Leopold Museum houses hundreds of works of Austrian modern art, all collected by art enthusiast Dr Rudolf Leopold. You will find Viennese Art Nouveau, works from the Expressionist period, the world's largest Egon Schiele collection, and many masterpieces by Gustav Klimt.

For more information please visit:

<http://www.leopoldmuseum.org/en>

Austrian National Library

The State Hall, the heart of the Austrian National Library, is one of the most beautiful library halls in the world and is the biggest Baroque library in Europe. The Library was created in the first half of the 18th century as a private wing of the Hofburg Imperial residence. Emperor Karl VI. ordered its

construction. The library was built by Joseph Emanuel Fischer von Erlach according to the plans of his father, Johann Bernhard Fischer von Erlach.

For more information please visit:

<https://www.introducingvienna.com/national-library>

Pukersdorf Sanatorium

The Purkersdorf Sanatorium was built in 1904-05 by the architect Josef Hoffmann commissioned by the industrialist Victor Zuckerkandl and is an example of the style of the Viennese Secession in architecture.

The sanatorium was more of a hotel than hospital and turned into a social and artistic venue of Viennese society. Among the treatments were mineral baths, physical therapies, therapeutic massages and physiotherapy.

Vienna Secession

An exhibition hall built in 1898 by Joseph Maria Olbrich, the Secession building is an architectural manifesto of the group known as the Vienna Secession and so embodies the philosophies of the movement. A highlight is Klimt's controversial and widely recognised *Beethoven Frieze*, whilst over the entrance you'll see the Secession motto, *Der Zeit ihre Kunst, Der Kunst ihre Freiheit* ('To every age its art, to every art its freedom'). It is still a centre for contemporary art, with three exhibition rooms dedicated to Austrian and international contemporary artists.

For more information about the Secession:

<http://www.secession.at/e.html>

Schloss Upper Belvedere

Schloss Belvedere is one of the world's finest baroque palaces. The Upper Belvedere houses a fantastic art collection, 800 years of Art History, which includes works from the Middle Ages and Baroque through to 21st century contemporary pieces, with a focus on Austrian artists. View pieces from the Fin de Siècle and Art Nouveau period, including Klimt's *The Kiss* and Schiele's *The Embrace*.

For more information about the Belvedere:

<http://www.belvedere.at/en>

Your lecturer/guide

Andrew Spira - graduated from the Courtauld Institute of Art before completing a MA degree in Museum and Gallery Management at City University, London. He worked at the Temple Gallery, London (specialist in Byzantine and Russian icons), and as a curator at the Victoria and Albert Museum where he specialised in 18th century British Art and Design, and Metalwork. He also specialises in Russian art, publishing 'The Avant-Garde Icon: Russian Avant-Garde Art and the Icon Painting Tradition' in 2008 (Lund Humphries). For 20 years he has been taking tours to cultural sites in western Europe, Russia, Armenia and Georgia. He was Programme Director at Christie's Education for 10 years before going part-time to focus on his current research project - on personal identity and the way it is reflected in the material culture of western Europe from the Middle Ages to the present day.

Enjoy two lectures during your tour:

The Mesmerising Origins of Psychology in pre-Freud Vienna

Freud's Crucible: art and anxiety in fin-de-siecle Vienna

Recommended reading

Peter Vergo, *Art in Vienna 1898 - 1918 Klimt, Kokoschka, Schiele and their contemporaries*

Carl E Schorske, *Fin-de-siècle Vienna: Politics and Culture*

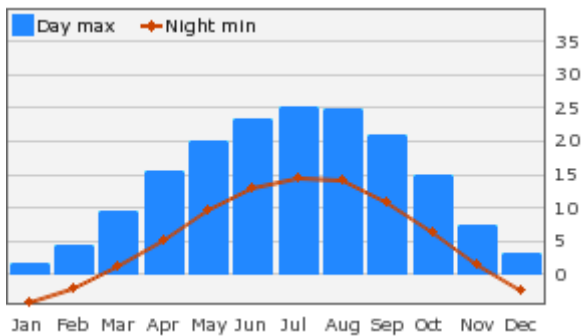
Adam Phillips, *Becoming Freud, the Making of a Psychoanalyst*

Tour Manager

Your tour manager will be on hand throughout the tour to ensure that everything operated according to plan. If you have any problems or questions, please see him or her immediately – it is often possible to resolve complaints or problems very quickly on the spot and do everything to help you enjoy your holiday.

The Basics

Climate – Vienna’s weather at this time of year can be described as unpredictable, so it is best to be prepared for both warm and sunny weather and colder, rainier, even frosty weather. On an average day, the maximum temperature can reach 15 degrees Celsius and dip as low as 6 degrees Celsius.



Time – GMT +2 hours (Summertime Apr-Oct); GMT + 1 (Standard time Nov-Mar).

Language – German.

Religion – Roman Catholic.

National holidays – New Year’s Day (01 Jan); Epiphany (06 Jan); Easter Monday; Labour Day (01 May); Ascension Day; Whit Monday; Corpus Christi; Assumption (15 Aug); National Day (26 Oct); All Saint’s day (01 Nov); Immaculate Conception (08 Dec); Christmas day (25 Dec).

Currency – Euro. €1 = 100 cents. Notes are in denominations of €500, 200, 100, 50, 20, 10 and 5. Coins are in denominations of €2 and 1, and 50, 20, 10, 5, 2 and 1 cents.

Banks – Cashpoints compatible with international banking networks are located in all towns and cities, as well as airports, major train stations and other spots. They usually offer an attractive exchange rate. Those banks that still exchange foreign currencies into local money will always charge a transaction fee, so withdrawing money from an ATM usually represents the most logical means of obtaining euros.

Credit cards – American Express, Diners Club, MasterCard and Visa are widely accepted across the country. If you’re eating at a restaurant, check prior to the meal that your card will be an acceptable form of payment. Even in cities, it is advisable to

carry a supply of cash with you at all times. Varying amounts of commission can be charged.

Electricity – 220 volt, two-pin continental plug.

Drinking water – Tap water is safe to drink. (Although you’ll find a huge amount of bottled water for sale too)

Shops and museums – Shops and stores are generally open from Mon-Fri 0800-1800 and Sat 1200-1700. Big stores and shops in tourist resorts now open Mon-Fri 0800-2100 and Sat/Sun 0800-1800.

Please note that some museums close on Mondays.

Shoes & clothes –You may like to bring a warm sweater for cool evenings. Light rain wear for the occasional storm and good grip/flat walking shoes are recommended.

Camera – bring plenty of memory cards/film and any spare camera batteries as these are not always available. Please check with your guide before photographing people.

Bath plugs – The hotel has plugs for basins, but it is useful to carry a ‘universal’ one with you.

Telephones/mobiles – The guarantee of free mobile phone roaming throughout the EU, Iceland, Liechtenstein and Norway has ended. Check with your phone operator to find out about any roaming charges that might be applied after 1st January 2021. A new law means that you are protected from getting mobile data charges above £45 without you knowing. Once you reach £45, you need to opt in to spend more so that you can continue using the internet while you are abroad. Your phone operator will tell how you can do this.

Tipping –To keep our tours affordable, we do not increase the tour price by adding tips. However, in the tourism industry, there is a certain level of expectation that when receiving a good service, one awards with a tip. Tour Managers, Representatives, Guides and Drivers appreciate a tip at the end of their involvement with the tour, but this is entirely at your discretion. We believe in allowing you to tip according to your level of satisfaction with their services, but for your guidance about £2-3 per person per day for the tour manager is the norm.



Health

Doctor/Dentist/Chemist

Please talk to your tour manager if you are feeling unwell and they will organise for you to see a doctor.

Keep receipts for insurance claims.



Hospital

Your tour manager/hotel reception will arrange hospital transport, if needed.

Keep receipts for insurance claims.

General Health Advice

We suggest you take a good supply of your own individual medicines with you and always keep some in your hand luggage in case you get delayed or your luggage goes astray. General-purpose supplies for bites, stings, or scratches, and your usual medication for headaches, or stomach upsets are always recommended. Oral re-hydration sachets are excellent for topping up salt and glucose levels.

Visit the NHS Fit For Travel website for more generally information specific to the country you are visiting – www.fitfortravel.nhs.uk

Sun Protection

Always ensure you take sufficient sun protection and moisturiser. A sun hat and sunglasses are also advisable.

Inoculations

You should check with your own doctor and take their advice as to which inoculations are required

for the country you are visiting, as only they know your medical history and recommendations are liable to change at short notice.



Insurance

We strongly recommend that you take out an appropriate travel insurance policy when you travel abroad.

To be covered under your Travel Insurance Policy, if you become ill, it is essential that you contact a local doctor and also telephone the emergency number of your insurance company. You will **NOT** be covered for any claim unless this procedure is carried out. Your insurance company will then decide on the best course of medical attention.

European Health Insurance Card (EHIC)

Before you travel, make sure you have got a valid European Health Insurance Card (EHIC) or UK Global Health Insurance Card (GHIC) or travel insurance with health cover.

You may not have access to free emergency medical treatment and could be charged for your healthcare if you do not have an EHIC or GHIC when visiting an EU country, or travel insurance with full healthcare cover when visiting Switzerland, Norway, Iceland or Liechtenstein. If you have an EHIC it will still be valid while it remains in date. Your European Health Insurance Card (EHIC) or Global Health Insurance Card (GHIC) will be valid if you are travelling to an EU country.

For further information about the GHIC please visit: <https://www.ehic.org.uk>



Should an emergency arise, please call our offices on:

00 44 20 7251 0045

Outside office hours (Mon-Fri 0900-1700), telephone our emergency staff on:

00 44 7841 023807

PLEASE USE THESE NUMBERS ONLY IN THE EVENT OF A GENUINE EMERGENCY.

If you find that you need consular assistance during your holiday:

British Embassy Vienna

Jauresgasse 12

1030 Vienna

Austria

Email: viennaconsularenquiries@fco.gov.uk

Tel: +43 (1) 716130

Fax: +43 (1) 71613 2900

<https://www.gov.uk/government/world/austria>

Open Mon-Fri 0900-1700.

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