

Tour Information



Lake Annecy by Rail





Passports

You may need to renew your British Passport if you are travelling to an EU country. Please ensure your passport is less than 10 years old (even if it has 6 months or more left on it) and has at least 6 months validity remaining from the date of travel. EU, Andorra, Liechtenstein, Monaco, San Marino and Swiss valid national identification cards are also acceptable for travel.

For more information, please visit: passport checker

Visas

As a tourist visiting from the UK, you do not need a visa for short trips to most EU countries, Iceland, Liechtenstein, Norway and Switzerland. You'll be able to stay for up to 90 days in any 180-day period. For all other passport holders please check the visa requirements with the appropriate embassy.

For further information, please check here: travel to the EU

For all other passport holders please check the visa requirements with the appropriate embassy.

French consulate: PO Box 57, 6A Cromwell Place, London SW7 2EW; Tel (020) 7838 2000/1. Information Service: Tel (0891) 887 733, Fax: (020) 7838 2046. Opening hours: 0900-1130 (and 1600-1630 for visa collection only) Mon-Fri (except British and French national holidays).



You will be issued with a return train ticket.

Please take care not to lose your tickets and please check that the details on your tickets are accurate. Your ticket is non-transferable and non-refundable. No refund can be given for non-used portions.

Standard Premier on Eurostar tickets is indicated by two asterisks in the class type section in the top right-hand corner. A light meal will be served to passengers travelling Standard Premier on Eurostar. Standard class Eurostar tickets do not include any food or drink on board, although there is a buffet car serving drinks and snacks. TGV tickets do not include any food or drink on board, although a buffet car is available.

Train Seats

On all legs of the journey, you have reserved seat and carriage numbers which are shown clearly on your ticket.



As with most trains, passengers are responsible for carrying baggage onto and off the train. Baggage can be stored on overhead shelves or at the entrance to the carriages. Trollies are available at St Pancras and Lille, but bags do need to be carried on to the platform. Porters are sometimes but not always available at St Pancras.

Travel Editions recommends a luggage delivery service called **thebaggageman**, where your suitcase can be picked up from your home before departure and delivered straight to your hotel; therefore, removing the worry about carrying your cases onto and off the trains.

For further information: http://www.thebaggageman.com

Labels

Please use the luggage labels provided. It is useful to have your home address located inside your suitcase should the label go astray.

Border Control

At border control, you may need to:

- show a return or onward ticket.
- show you have enough money for your stay.
- use separate lanes from EU, EEA and Swiss citizens when queueing.

Transfers

On arrival in Lyon, transfer by coach to Talloires (approx. 2 hours) and the Hotel Les Grillons.

Special Requests

If you haven't already done so, please notify Travel Editions of any special requests as soon as possible to allow sufficient time to make the necessary arrangements.



Les Grillons Hotel, Talloires

The 3-star Les Grillons Hotel is located on the edge of the lakeside village of Talloires about 10km south of the town of Annecy. The hotel is located on the lake and facilities include extensive grounds, swimming pool (seasonal opening), bar, restaurant and comfortable rooms with air-conditioning, bath, hairdryer, safe, TV, telephone and wi-fi. Rooms at the Les Grillions Hotel do not include tea/coffee making facilities, so we suggest you bring a travel kettle if required. It is possible to order coffee/tea at the bar, open 0800-2400.

Please note that there is a lift at the hotel.

For more information visit their website http://www.hotel-grillons.com/



General de Gaulle once asked, with a certain amount of pride, how it was possible to rule a country which produced 365 different kinds of cheese; the alpine region of Haute Savoie makes an important contribution to this selection. *Tomme de Savoie, Beaufort, Abondance, Reblochon, Bleu de Sassenage,* and the goat's *Picodon d'Ardeche* are enjoyed with bread and fruit, or used as an ingredient of one of the many cheese-based dishes of the area. Try a *Fondue Savoyarde,* a *Raclette* (potatoes with melted cheese and dried meats), or a *Tartiflette* (potatoes, bacon, onions topped with Reblochon cheese). Fresh lake fish such as trout or perch are popular around Lake Geneva.

Traditional desserts include *Tarte aux Myrtilles* (bilberry tart), *Nougat de Montelimar* and *Marrons glacés* (chestnuts candied in sugar syrup).

Almost all restaurants offer two types of meals: *a la carte* (extensive choice for each course, generally more expensive) and *le menu* (a set meal at a fixed price).

The bill (*l'addition*) will not be presented until it is asked for, even if clients sit and talk for half an hour after finishing their meal. Usually, a discretionary service charge is added to your bill in restaurants and bars, and no further tipping is required. Generally speaking, mealtimes in France are strictly observed. Lunch is as a rule served from noon to 1330, dinner usually from 2000-2130, but the larger the city, the later the dining hour.

Drink

Wine is by far the most popular alcoholic beverage in France, and the choice will vary according to region. The Savoie vineyards extend over 2,000 hectares and mainly produce white wine, among which the AOC quality label *Vins de Savoie* and *Roussette de Savoie*.

In elegant restaurants the wine list will be separate from the main menu, but in less opulent establishments will be printed on the back or along the side of the *carte*. The waiter will usually be glad to advise an appropriate choice. If in doubt, try the house wine; this will usually be less expensive and will always be the owner's pride.

Meals included in the price of your holiday are:

Breakfast - daily

Dinner - daily, 4-course set menu

Taking food into EU countries

You are not able to take meat, milk or any products containing them into EU countries.



Our Lake Annecy by train tour offers the opportunity of a relaxing break in the attractive lakeside village of Talloires in one of the most beautiful areas of France. Take in the glorious lake and mountain scenery, enjoy the excellent food served at the hotel Les Grillons, admire pretty lakeside villages and elegant spa towns, and experience the excitement of cable cars and rack railways at Chamonix and the breath-taking views of the French Alps.

Details of places of interest included in the tour:

Annecy

One of the largest lakes in France and the cleanest in Europe, Lake Annecy is surrounded by glorious mountain scenery and attractive towns and villages, including one of our bases, the pretty village of *Talloires* famed for its gourmet restaurants including the Michelin-starred *Père Bise*.

Annecy is one of the most attractive and charming towns in the French Alps, set at the northern tip of *Lac d'Annecy* and surrounded by mountains. Its small medieval quarter is laced with canals, flower-covered bridges and arcaded streets. Perfect for leisurely and relaxing browsing, there are nonetheless some major sights - the formidable 12th Century *Palais de l'Isle* and the turreted *Château d'Annecy*.

For more information about Annecy please visit: <u>http://en.lac-annecy.com/</u> For more information about Talloires please visit: <u>http://www.talloires-lac-annecy.com/</u>

Chamonix and Mont Blanc

A busy and cosmopolitan town, Chamonix sits at the foot of Europe's highest peak surrounded by the best of mountain scenery – glaciers, snow-capped peaks and lush green meadows. It is the base for all mountain based activities, in summer and winter. Wonderful alpine views are possible from the *Aiguille du Midi cable car* - the highest cable car in Europe - which takes you as close to the peak of Mont Blanc as is possible without climbing. Or, for those who aren't big fans of heights, try the *Montenvers rack railway* which will take you to the foot of the *Mer de Glace* glacier.

Please note that the Aiguille du Midi cable car can get very busy at peak times so we recommend making a reservation as soon as you arrive in Chamonix to avoid disappointment and minimise queuing time. The current cost is $\notin 60$ per adult round trip, which lasts 2-3 hours (not included and payable locally).

Alternatively, a trip on the historic railway built in 1908 to the *Mer de Glace* (sea of ice) offers stunning views of the 14km-long glacier which moves up to 100 metres each year, scarring and shaping the landscape. This 2–3-hour excursion offers wonderful views of the soaring peaks of this beautiful area. For the more energetic, the 2-hour walk back down more than rewards the effort. The current cost for the *Montenvers* railway is €31.50 per adult round trip (not included and payable locally).

Please note that the *Montenvers* railway and the *Aiguille du Midi* cable car are subject to seasonal opening hours.

For more information about Chamonix please visit: http://www.chamonix.com/welcome,0,en.html

Lac Léman (Lake Geneva)

The expanse of *Lake Geneva* (or Lac Léman to the French) forms a natural border between France and Switzerland. The awe-inspiring scenery and the gentle climate have made the shores of Lac Léman a popular health resort area since the first spas were built at *Evian-les-Bains* in 1839. Take a stroll along the lovely tree-lined lakeside promenade at Evian and taste the famous water from the *Source Cachat* on the *Avenue des Sources*.

Picturesque *Yvoire* is a lovely medieval fishing port of narrow cobbled streets and stone houses sloping down to the edge of the water. Sights here include the 14th century castle, church, two stone gateways, the attractive Jardin des Cinq Sens, and picturesque streets lined with tightly-packed houses decorated with colourful flower boxes.

For more information about Yvoire please visit: http://www.yvoiretourism.com/accueil_en.html For more information about Evian please visit http://en.evian-tourisme.com/

Geneva

In terms of being international and cosmopolitan there aren't many cities that can compare with Geneva. Its location is fantastic, strung along the shore of mountain backed Lake Geneva, and it is the place that many international organisations choose to base their European headquarters - you may see the United Nations, World Health Organisation and International Red Cross. More than 200 international organisations are based here and one in three residents are non-Swiss. Sights include the world's tallest fountain, the jet d'eau, the 16th century St. Peter's Cathedral in the wonderfully picturesque old town, the UN Building and excellent museums such as the Museum of Modern and Contemporary Art, the Museum of Art and History, the International Motor Car Museum and the Voltaire Museum.

Please note that some Swiss Francs will be required on this day for incidental expenses - these can be withdrawn from a bank cashpoint in Geneva or you may prefer to take a small amount with you. Credit cards are accepted very widely for more substantial purchases.

For more information about Geneva please visit: <u>http://www.geneve-tourisme.ch/en/home/</u>

Resistance Museum

The Departmental Museum of the Resistance was created by the Survivors of Glières in a former alpine chalet. It is dedicated to the history of Haute-Savoie during the Second World War. Upstairs are documents more specific to the Maquis des Glières and the Liberation of the department. Located on the same site, the Departmental Deportation Memorial was founded by the Association of Deportees, Interns and Families of Haute-Savoie (UNADIF). It traces the history of the deportation of resistance fighters from Haut-Savoyards and presents testimonies about the concentration camp. The bodies of 105 resistance fighters, mainly combatants from Glières, were buried in the Morette cemetery in 1944.

For more information about the Resistance Museum, please visit:

http://www.yvoiretourism.com/accueil en.html

Cheese Factory

That glorious smell, synonymous with the Haute Savoie hits you before you ever see a cheese roundel. We enter the Caves Joseph Paccard in Manigod to learn what 'affinage' really means. The family Paccard have been refining and maturing cheeses from dairy farmers for the last 24 years. They refine cheeses for 35 farmers in their caves in Manigod in completely natural surroundings, using traditional methods. Each year 240 tonnes of Reblochon is refined and matured here. The cheese arrives when it is 10 days old and is placed onto spruce boards. These boards are a vital part of the refining process. The spruce boards can only be cut 3 weeks of the year at the end of a descending moon. This occurs for one week in August and two weeks in December. These boards produce the natural bacteria needed for the Reblochon to mature but prevent the bad bacteria from forming. The spruce boards are naturally disinfected outside for 2 hours per day in the air and are only washed in water. Each spruce board will last for 30 – 40 years and when new boards are introduced they are placed amongst the older boards to help the ageing.

For more information about the cheese factory, please visit:

https://tasteofsavoie.com/2014/10/24/the-caves-dujoseph-paccard-in-manigod/

Chateau de Menthon

The chateau de Menthon, which overlooks the turquoise waters of Lake Annecy, was rede-signed over years into the most romantic style. This architecture jewel from Savoy is also a home, occupied by the same family for more than 1000 years. The castle originated in the 12th century, there were only 3 tall square towers connected by walkways and housing, and a large courtyard where villagers found refuge during troubled times. During the Renaissance, the austere castle was transformed into a place to live. Then, at the end of the eighteenth-century further changes enabled a view overlooking the lake. Then, at the end of the 19th century, under the impulse of the greatgrandfather of the current owners, René de Menthon, the castle began its great changes towards this romantic building that gives it its charm and even its mystery. It remains one of the few castles in France to belong to the same family for 23 known generations. From Saint Bernard de Menthon (10th century), patron saint of the inhabitants of the Alps, to René de Menthon or François de Menthon, Companion of the Liberation and French Prosecutor at the Nuremberg Military Tribunal, following the end of WWII

For more information about the Chateau de Menthon, please visit:

https://www.chateau-de-menthon.com/home

Reading Suggestions

Graham Robb, The Discovery of France.

A general introduction to French culture, landscape and history, it also features an excellent insight into the distinctive character of France's regions.

Bernard Levin, From the Camargue to the Alps: A Walk Across France in Hannibal's footsteps.

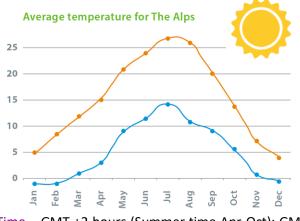
As the title suggests, English journalist Bernard Levin follows the Carthaginian military commander's path across France to Italy, describing history, landscape and culture on his way.

Tour manager

Your tour manager will be on hand throughout the tour to ensure that everything operated according to plan. If you have any problems or questions please see him or her immediately – it is often possible to resolve complaints or problems very quickly on the spot, and do everything to help you enjoy your holiday.

(i) The Basics

Climate – The weather around Lake Annecy at this time of year is likely to be pleasant, but there is the chance of the odd shower. Our best advice is to come prepared.



Time – GMT +2 hours (Summer time Apr-Oct); GMT + 1 (Standard time Nov-Mar). Language – French. Religion – Roman Catholic.

National holidays – New Year's day (01 Jan); Easter Monday; Labour day (01 May); Victory in Europe day (08 May); Ascension day; Whit Sunday; Whit Monday; National day (14 Jul); Assumption of Mary (15 Aug); All Saints' day (01 Nov); Armistice day (11 Nov); Christmas day (25 Dec).

Currency – Euro. €1 = 100 cents. Notes are in denominations of €500, 200, 100, 50, 20, 10 and 5. Coins are in denominations of €2 and 1, and 50, 20, 10, 5, 2 and 1 cents.

Geneva – Swiss Franc. 1CHF = 100 cents. Notes are in denominations of 1000, 200, 100, 50, 20, 10 CHF. Coins are in denominations of 5, 2, 1 CHF and 50, 20, 10, 5 cents.

Banks – Cashpoints compatible with international banking networks are located in all towns and cities, as well as airports, major train stations and other spots. They usually offer an attractive exchange rate. Those banks that still exchange foreign currencies into local money will always charge a transaction fee, so withdrawing money from an ATM usually represents the most logical means of obtaining euros.

Credit cards – American Express, Diners Club, MasterCard and Visa are widely accepted across the country. If you're eating at a restaurant, check prior to the meal that your card will be an acceptable form of payment. Even in cities, it's advisable to carry a supply of cash with you at all times.

Electricity – 220 volt, two-pin continental plug.

Drinking water – Tap water is safe to drink. (Although you'll find a huge amount of bottled water for sale too)

Shops and museums – Annecy has a wide variety of shops; Smaller towns have quaint boutiques and beautiful markets. Department stores are open 0900-1830 Monday to Saturday. Most shops are closed between 1200-1430. Some food shops (particularly bakers) are open Sunday mornings, in which case they will probably close Monday. Many shops close all day or half-day Monday.

Please note that most museums close on Mondays.

Clothes & Shoes – You may like to bring a warm sweater for cool evenings. Light rain wear for the occasional storm and good grip/flat walking shoes are recommended. .

Camera – bring plenty of memory cards/film and any spare camera batteries as these are not always available. Please check with your guide before photographing people.

Bath plugs – The hotel has plugs for basins, but it is useful to carry a 'universal' one with you.

Telephones/mobiles – The guarantee of free mobile phone roaming throughout the EU, Iceland, Liechtenstein and Norway has ended. Check with your phone operator to find out about any roaming charges that might be applied after 1st January 2021. A new law means that you are protected from getting mobile data charges above £45 without you knowing. Once you reach £45, you need to opt in to spend more so that you can continue using the internet while you are abroad. Your phone operator will tell how you can do this.

Tipping –To keep our tours affordable, we do not increase the tour price by adding in tips. However, in the tourism industry, there is a certain level of expectation that when receiving a good service, one awards with a tip. Tour Managers, Representatives, Guides and Drivers appreciate a tip at the end of their involvement with the tour, but this is entirely at your discretion. We believe in allowing you to tip according to your level of satisfaction with their services, but for your guidance about £2-3 per person per day for the tour manager is the norm.



Doctor/Dentist/Chemist

Please talk to your tour manager if you are feeling unwell and they will organise for you to see a doctor.

Keep receipts for insurance claims.



Your tour manager/hotel reception will arrange hospital transport.

Keep receipts for insurance claims.

General Health Advice

We suggest you take a good supply of your own individual medicines with you and always keep some in your hand luggage in case you get delayed or your luggage goes astray. General-purpose supplies for bites, stings, or scratches, and your usual medication for headaches, or stomach upsets are always recommended. Oral rehydration sachets are excellent for topping up salt and glucose levels.

Visit the NHS Fit For Travel website for more generally information specific to the country you are visiting – <u>www.fitfortravel.nhs.uk</u>

Sun Protection

Always ensure you take sufficient sun protection and moisturiser. A sun hat and sunglasses are also advisable.

Inoculations

You should check with your own doctor and take their advice as to which inoculations are required for the country you are visiting, as only they know your medical history and recommendations are liable to change at short notice.



We strongly recommend that you take out an appropriate travel insurance policy when you travel abroad.

To be covered under your Travel Insurance Policy, if you become ill, it is essential that you contact a local doctor and also telephone the emergency number of your insurance company. You will **NOT** be covered for any claim unless this procedure is carried out. Your insurance company will then decide on the best course of medical attention.

European Health Insurance Card (EHIC)

Before you travel, make sure you have got a valid European Health Insurance Card (EHIC) or UK Global Health Insurance Card (GHIC) or travel insurance with health cover.

You may not have access to free emergency medical treatment and could be charged for your healthcare if you do not have an EHIC or GHIC when visiting an EU country, or travel insurance with full healthcare cover when visiting Switzerland, Norway, Iceland or Liechtenstein. If you have an EHIC it will still be valid while it remains in date. Your European Health Insurance Card (EHIC) or Global Health Insurance Card (GHIC) will be valid if you are travelling to an EU country.

For further information about the GHIC please visit:

https://www.ehic.org.uk



Should an emergency arise, please call our offices on: 00 44 20 7251 0045

Outside office hours (Mon-Fri 0900-1700), telephone our emergency staff on: 00 44 7841 023807

PLEASE USE THESE NUMBERS ONLY IN THE EVENT OF A GENUINE EMERGENCY.

If you find that you are in need of consular assistance during your holiday:

British Consulate Marseille 24 avenue du Prado 13006 Marseille France +33 (0)4 91 15 72 10 Marseilleconsular.marseille@fco.gov.uk

Mon, Wed and Fri: 0900 to 1230. Outside these hours a consular Emergency Service is in operation and can be contacted on +33 (0)4 91 15 72 10

British Consulate General, Geneva 37-39 Rue de Vermont (6th floor) 1211 Geneva 20 Tel: +41 (0) 22 918 24 00 Fax: +41 (0) 22 918 23 22

Open Mon-Fri 0830-1230 and 1400-1700.

Travel Editions 3 Young's Buildings, London EC1V 9DB Tel: 0207 251 0045 Email: tours@traveleditions.co.uk www.traveleditions.co.uk

PLEASE NOTE: THIS INFORMATION IS CORRECT AT THE TIME OF PRINTING. IT IS MEANT AS A GUIDE ONLY AND WE CANNOT ACCEPT RESPONSIBILITY FOR ERRORS OR SUBSEQUENT CHANGES.